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Reviewed by:

Mr Anuj Goyal, Speciality Registrar
 in Urology, St Bartholomew's
 Hospital, London.

Medical Therapy in Urology

This small but concise book neatly summarises the various aspects of pharmaco-therapeutic agents currently used in urological practice, under 16 separate chapter headings each discussing a specific subject area. These start with the urological cancer sections, moving on to the benign urinary tract disorders followed by chapters on erectile dysfunction and male hypogonadism. Further chapters on renal transplantation, use of analgesia, loco-regional anaesthetic techniques and alternative / complementary treatments in urological practice are also included to provide a holistic understanding of current urological medical therapies. Each chapter begins with a brief introduction to the epidemiological data, anatomical and physiological aspects of the subject area where relevant, followed by a brief outline of the pathogenesis and an overview of disease management principles. Each therapeutic agent is then covered in turn, concluding with a key points paragraph at the end of each chapter. The chapters are easy to read and well

referenced. Each subject area is written with up-to-date information outlining the latest developments in urological drug therapy. A particularly helpful feature is the effective use of summary tables listing the pharmacological agents, their mode of action, dosage regimes, side-effect profile and important interactions / contra-indications for quick reference. The only omission identifiable was in relation to the chapter on bladder cancer which discusses medical therapy in relation to non-muscle invasive disease. A sub-section on neo-adjuvant chemotherapy in muscle invasive bladder cancer and the role of systemic chemotherapy in metastatic bladder cancer would have covered the subject area more comprehensively. It is otherwise an excellent, well laid out, succinct and easy to read pocket-guide to current medical therapeutics in urology and would be a valuable resource for medical students, junior doctors, urology trainees, general practitioners and office urologists. It would certainly serve well as a useful and handy reference guide in any urological library.