Rigid Cystoscopy and Optical Internal Urethrotomy Consent Form

<table>
<thead>
<tr>
<th>Special communication requirements (e.g. need for interpreter, visually impaired)</th>
<th>Rigid Cystoscopy and Optical Internal Urethrotomy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Proposed procedure or course of treatment: (include brief explanation if medical term not clear)</td>
<td>This procedure involves telescopic inspection of urethra and bladder and to incise a stricture with a telescopic knife or laser</td>
</tr>
<tr>
<td>Other procedures/treatment which may become necessary during the procedure:</td>
<td>To deal with complications if they occur</td>
</tr>
<tr>
<td>Anaesthetic: ☐ General ☐ Spinal ☐ Local</td>
<td>Blood transfusion: If bleeding excessive</td>
</tr>
</tbody>
</table>

**Statement of health care professional** (to be filled in by health care professional with appropriate knowledge of proposed procedure, as specified in Consent Policy)

I have explained the procedure to the patient. In particular, I have explained the following.

**Benefits:** the intended benefits of this procedure/treatment are:

- Relief of obstruction to flow of urine
- To help investigate your condition to aid diagnosis and management

**Risks:**

**Common**
- Mild burning or bleeding on passing urine for short period after operation
- Temporary insertion of a catheter
- Need for a self-catheterisation to keep the narrowing from closing down again

**Occasional**
- Infection of bladder requiring antibiotics
- Recurrence of stricture requiring further procedures or repeat incision
- Permission for telescopic removal / biopsy of bladder abnormality /stone if found

**Rare**
- Decrease in quality of erections requiring treatment

**Alternatives:** I have also discussed what the procedure is likely to involve and any concerns of this patient. I have also discussed having no treatment and the following alternatives:

- May include observation, urethral dilation, open (non-telescopic) repair of stricture

**Further supporting information** – I have provided the following leaflet /tape

Signature………………………..Name (PRINT)……………………………………………..Date___/___/_____

**Statement of interpreter (where appropriate)**

I have interpreted the information above to the patient, to the best of my ability, and in a way in which I believe they can understand.

Signature………………………..Name (PRINT)……………………………………………..Date___/___/_____

**Confirmation of consent** by a health professional on admission of the patient, if the patient has signed the form in advance. On behalf of the team treating the patient, I have confirmed with the patient that s/he has no further questions and wishes the procedure to go ahead.

Signature………………………..Name (PRINT)……………………………………………..Date___/___/_____

Job title……………………………………Contact Details…………………………………………………………..

One copy of this form must be retained in the Health Record - another copy has / has not been accepted by the patient.
Statement Of Patient

Please read this form carefully. If your treatment has been planned in advance, you should already have your own copy, which describes the benefits and risks of the proposed treatment. If not, you will be offered a copy now. If you have any further questions, do ask – we are here to help you. You have the right to change your mind at any time, including after you have signed this form.

- I agree to the procedure or course of treatment described on this form.
- I understand that you cannot give me a guarantee that a particular person will perform the procedure. The person will, however, have appropriate experience.
- I understand that I will have the opportunity to discuss the details of anaesthesia with an anaesthetist before the procedure, unless the urgency of my situation prevents this. (This only applies to patients having general or regional anaesthesia.)
- I understand that any procedure in addition to those described on this form will only be carried out if it is necessary to save my life or to prevent serious harm to my health.
- I agree that any tissue removed and the results of diagnostic tests may be used for teaching, audit and research that could benefit other patients.
- I have been told about additional procedures, which may become necessary during my treatment. I have listed below any procedures, which I do not wish to be carried out without further discussion.

………………………………………………………………………………………………………
………………………………………………………………………………………………………
………………………………………………………………………………………………………
………………………………………………………………………………………………………

Signature....................................Name (PRINT)........................................Date___/___/_____

A witness should sign below if the patient is unable to sign but has indicated his or her consent. Young people/children may also like a parent to sign here (see notes).

Signature....................................Name (PRINT)........................................Date___/___/_____

Important Notes: (tick if applicable)

☐ See also advance directive/living will
☐ Patient has withdrawn consent (ask patient to sign /date here)

Signature....................................Name (PRINT)........................................Date___/___/_____

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- another copy has / has not been accepted by the patient.